

# OWNER'S MANUAL

## Portable Intelligent Dry Heat Sauna with Far Infrared Ray (FIR)



Please read entire manual carefully before using sauna.  
**WARNING! Never Leave Sauna Unattended When Not in Use.**

SA6310

## Usage Precautions

- This sauna is not medical equipment and is not intended for medical purposes.
- Check with your doctor before using this sauna when pregnant or if under medical care.
- Stop using the Sauna immediately if you feel uncomfortable, dizzy, or sleepy.
- Do not plug in while folded for storage.
- Staying too long in the sauna can cause overheating.



*It is highly recommended that you DO NOT use the sauna for over 30 minutes per day and DO NOT use it more than 3 times per week.*



*NOT recommended for use by anyone under 18 years of age.*

DO NOT use the Sauna under any of the following Health Conditions:

- Any type of respiratory condition
  - Anyone with a heart condition
  - High or low blood pressure
  - Pregnancy
  - Any skin disease or disorders
  - After or during drinking alcohol or alcoholic beverages
- Check with your doctor regarding the use of this product.

### ***WARNING! (Please read carefully before using sauna)***

- Unplug the power cord after each use.
- Do not use in or around water due to danger of electrical shock.
- Keep the electrical cord away from heat sources.
- Never operate the unit if the cord or plug has been damaged.
- Do not pull on the electrical cord.
- Any repair must be performed by manufacturer, its service agent or similarly qualified person.
- Never use in wet or damp conditions!

## Functions & Features

- The side walls, back wall and foot pad are covered with 0.1 mm ultra thin super conductive heating elements coated with heat activated FIR radiant material.
- When the FIR Sauna box heats up to 150°F (65°C), the FIR material will emit 95% of its energy.
- It takes only 10 minutes to reach 150°F (65°C) temperature.
- Low cost to operate.
- 900 watts super conductive heating plus FIR radiation is equivalent to 1800 watts thermal energy.
- Totally safe when used as instructed, and following Usage Precautions.
- Set up or take down in minutes. No mess to clean up, just wipe with a damp cloth.
- Light weight, only 15.4 lbs. (7 Kgs.)
- Dry and portable – suitable for use anywhere.
- Easily adjusts to your desired temperature with 113-150°F (45-65°C) temperature control.
- Auto temperature control for foot pad.

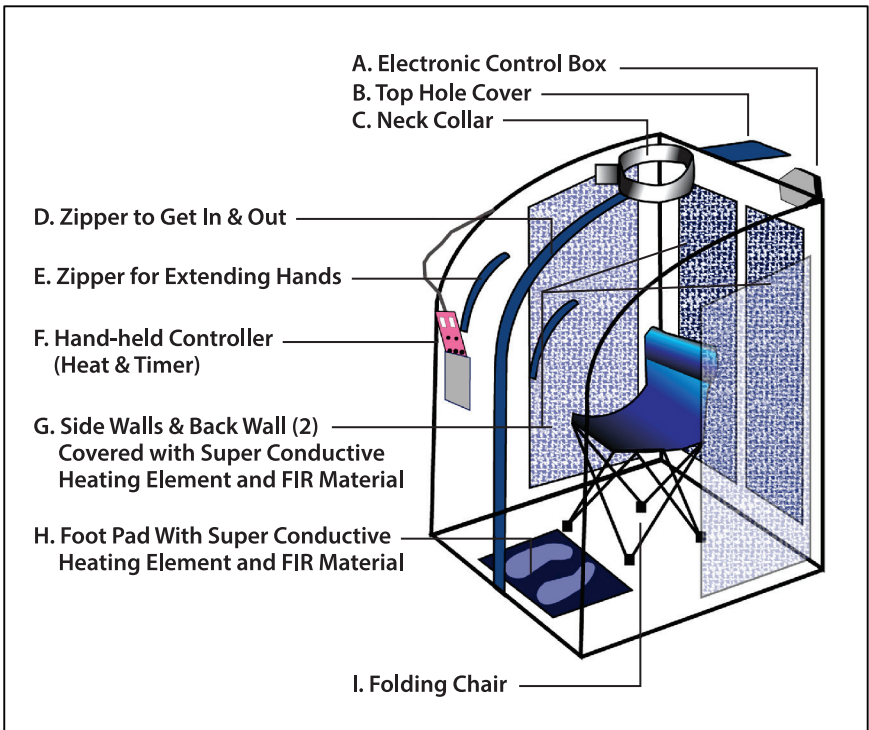
## FIR Sauna/Steam Sauna Comparison Chart

Item	Heating Type	Feature	Noise	Storage After Use	Assembly Time	Usage Location
<b>FIR Sauna</b>	Super Conductive Ultra Thin Heating Element	Ultra Thin Heating Element On Your Feet	No Noise	Dry, No Odor, No Washing	1 min.	Living Rm. Bedroom
<b>Steam Sauna Box</b>	Regular Steam Sauna	No Extra Function for Feet	Noisy	Humid, Fungi, Odor, Needs to be Washed	Over 15 min.	Bathroom

## FIR Sauna Specifications

<b>Model</b>	<b>SA6310</b>
Input Voltage	AC100-120V 60HZ
Input Power	900W
Inside Temperature	113 – 150°F (45 – 65°C) Automatic Temperature Control
Safety Device	Auto Temperature Control
Timer	5 – 30 min.
Usage Size	31.4" (80cm)L x 26.7" (68cm)W x 38.1" (97cm)H
Storage Size	38.1" (97cm)L x 26.7" (68cm)W x 5.5" (14cm)H
Weight	15.4 lbs. (7 kgs)
Power Consumption	Low
Foot Heating Pad	Auto Temperature Control

## Parts List



A – Electronic Control Box

B – Top Hole Cover

C – Neck Collar

D – Zipper to Get In & Out

E – Zipper for Extending Hands

F – Hand-held Controller (Heat & Timer), Part No. SAP6000

G – Side Walls & Back Wall (2) Covered with Super Conductive Heating Element and FIR Material, Part No. SAP6001

H – Foot Pad With Super Conductive Heating Element and FIR Material, Part No. SAP6002

I – Folding Chair, Part No. SAP6003

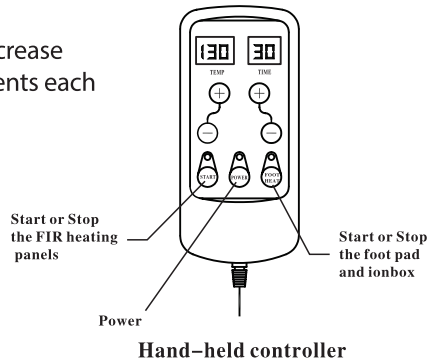
## Assembly Instructions

1. Unfold both side walls of the Sauna and stand upright.
2. Open the front zipper and place the foam floor cushion on the floor inside, with the glossy side facing upward.
3. The wired foot pad, with its footprint facing upward, should be placed on the cushion near the front end.
4. Put the folding chair on the rear part of the cushion facing forward.  
The unit is now ready for use.
5. When setting up or closing down, always keep away from sharp objects that may damage the unit. Reverse set-up procedures when closing for storage.



## Operating Hand Held Control

1. Press Power key to turn on the controller. The TEMP will display 131°F (55°C) (default) while the TIME will display 5 minutes (default).
2. Press START key to start. The indicating light will turn on.
3. Press FOOT HEAT key to heat the foot bottom. The indicating light will turn on.
4. TEMP: Range, 113 – 150° F (45-65° C); 131° F (55° C) is a good temperature; 150° F (65° C) is the highest and usually used in winter. Use the (+) or (-) keys to set the desired temperature.
5. TIME: Range, 0-30 minutes. You will increase or decrease the time in 5 minute increments each time you press the (+) or (-) keys.



## **Using Your Sauna**

1. Open the Sauna Box, put the PE-foam on the bottom and lay the folding chair in the housing. Build the Sauna Box inside the wall to keep it standing.
2. Plug the power cord into an electrical outlet.
3. Use the hand-held controller to set the time and temp.
4. We recommend pre-heating the Sauna Box and the foot pad for five minutes. Use of the footpad depends on individual preference.
5. When the time and temperature has been set, it's recommended to drink a cup of water. Then sit in the Sauna, close the zipper and relax.
6. After using the Sauna, make sure to unplug the power cord.

## **Cleaning & Storage of Sauna**

1. Dry any water from the PE-foam in the Sauna box after using.
2. Open the zipper to ventilate. Wait until heat has dissipated to pack and store.
3. Use clean damp cloth to wipe off, and then fold.

# SAUNA WARRANTY REGISTRATION CARD

1. This sauna has a 1-Year Warranty against defects in materials and workmanship. To receive the warranty, the card must be filled out completely and returned.
2. Please notify Blue Wave Products in advance of any sauna warranty claim prior to shipping the sauna back. Contact our warranty claim department at [warranty@splashnetexpress.com](mailto:warranty@splashnetexpress.com).
3. If the warranty claim department determines that the item must be returned, it must be returned with a receipt showing date of purchase, purchase price, and the dealer from which the sauna was purchased.  
**No warranty claim will be honored without a receipt.**
4. The freight on the item when returned must be prepaid.
5. Warranty claims will only be resolved with the repair of the current product or shipment of a replacement product. NO REFUNDS will be given.
6. Improper installation, misuse or damages resulting from acts of nature will render this warranty null and void.
7. This warranty is in lieu of all other warranties expressed or implied and no responsibility is assumed for future damage due to misuse. This sauna is intended for INDOOR USE ONLY – outdoor installation of the sauna WILL VOID THE WARRANTY. We are not responsible for damage to the sauna due to improper installation or misuse. Additional actions that will void the warranty are: Use of lacquer or paints, placing sauna on non-approved surface, and outdoor applications.

*To send in this warranty card: Fill out below, detach and mail to the following address:*

**BLUE WAVE PRODUCTS**  
1745 Wallace Ave. Suite B  
St. Charles, IL 60174

Detach Here

Detach Here

## SAUNA WARRANTY REGISTRATION FORM

Date Purchased: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ Email: \_\_\_\_\_

Purchased from: \_\_\_\_\_

Item Number: \_\_\_\_\_ Purchase Price: \_\_\_\_\_

Serial Number: \_\_\_\_\_